

Geisinger

MyG Photos

How to take self images

- Please take at least 3 photos
 - Far distance
 - Mid-distance
 - Close-up
- Have a friend or family member take images when possible
 - No "selfies"



How to take self images continued

- Circle with a marker or point to the concerning area
- Use a solid color for the photo background
- Take the photo in a well-lit area
 - Avoid shadows
 - Experiment with flash
- Do not alter the photo (e.g. no filters)

First Image

Far distance

* Wide photograph for perspective and location



Second image

Mid-distance

* Photograph the entire area involved. Include a body landmark (e.g. elbow)



Third image

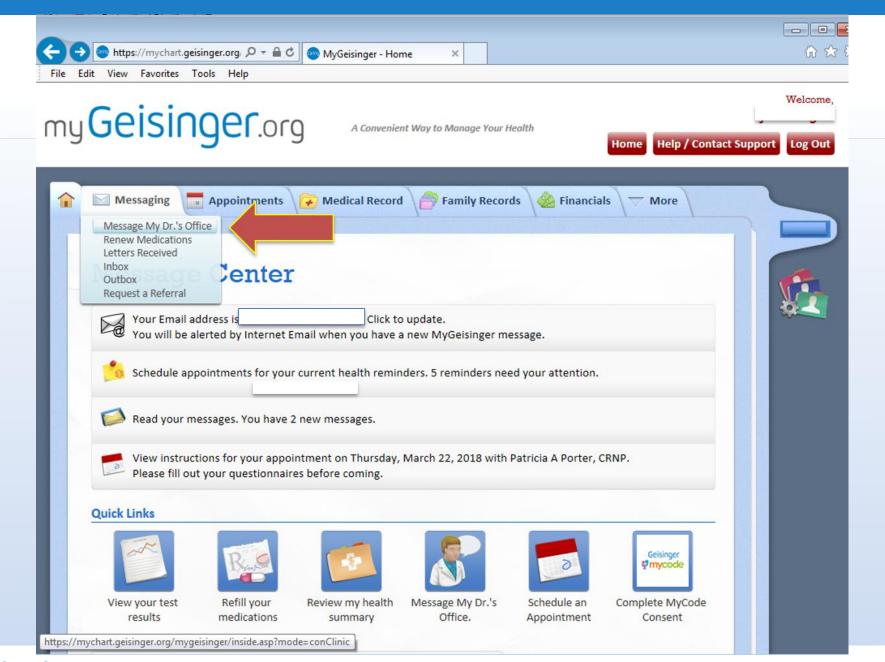
Close-up

* May need macro view (i.e. flower icon on camera)



How to send images to a provider: login to mygeisinger.org





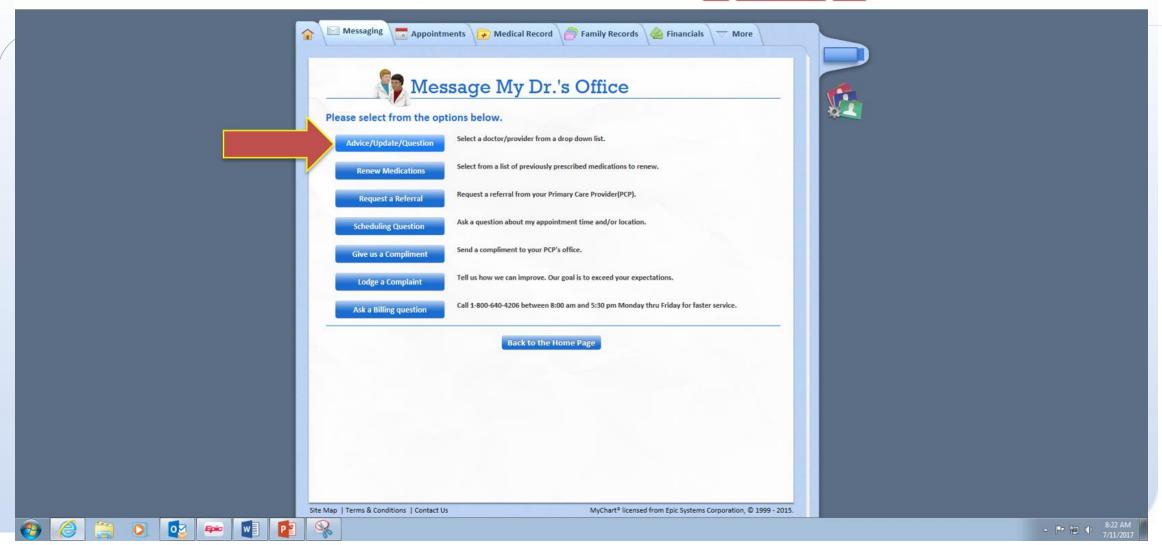






A Convenient Way to Manage Your Health

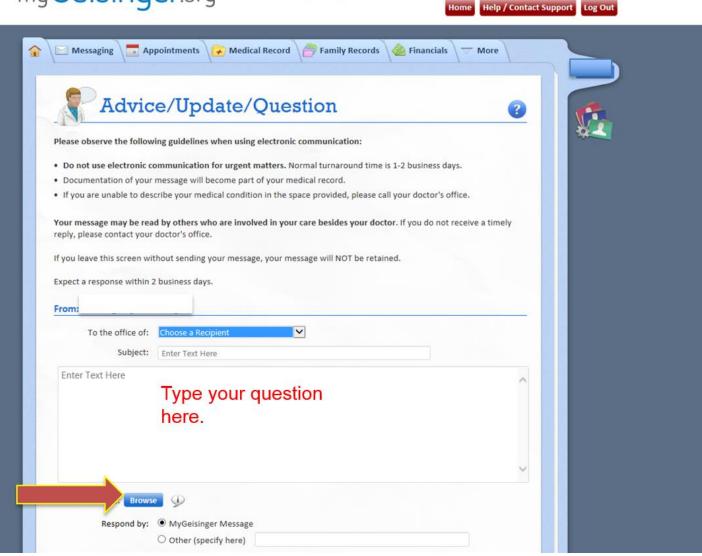


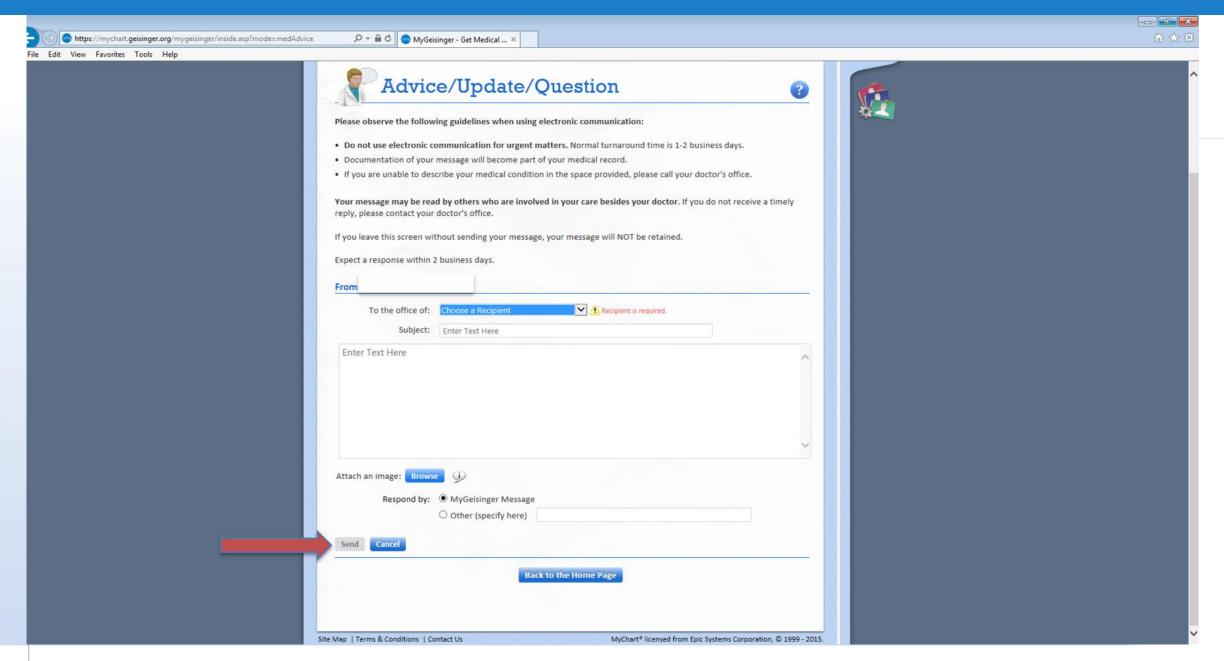




my Geisinger.org

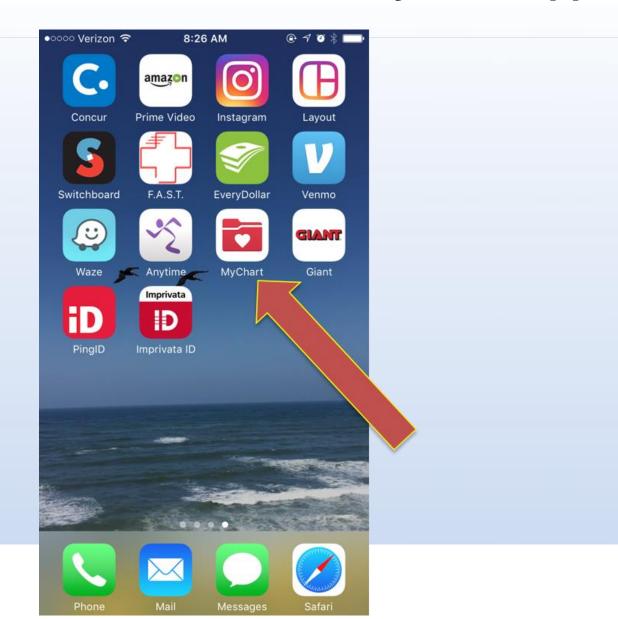
A Convenient Way to Manage Your Health



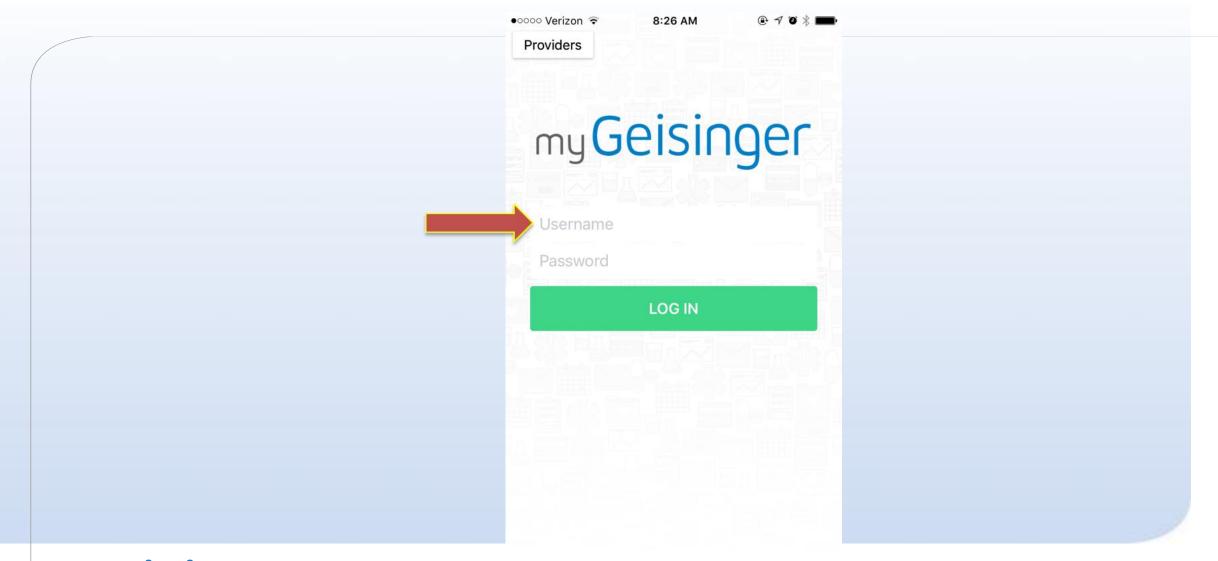


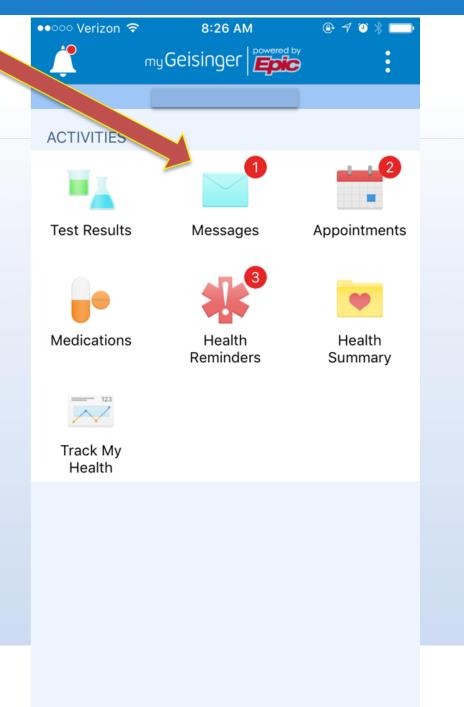
You can also upload images from your smartphone using the MyChart App

From your smart Phone: download the MyChart App



Login with your MyGeisinger account



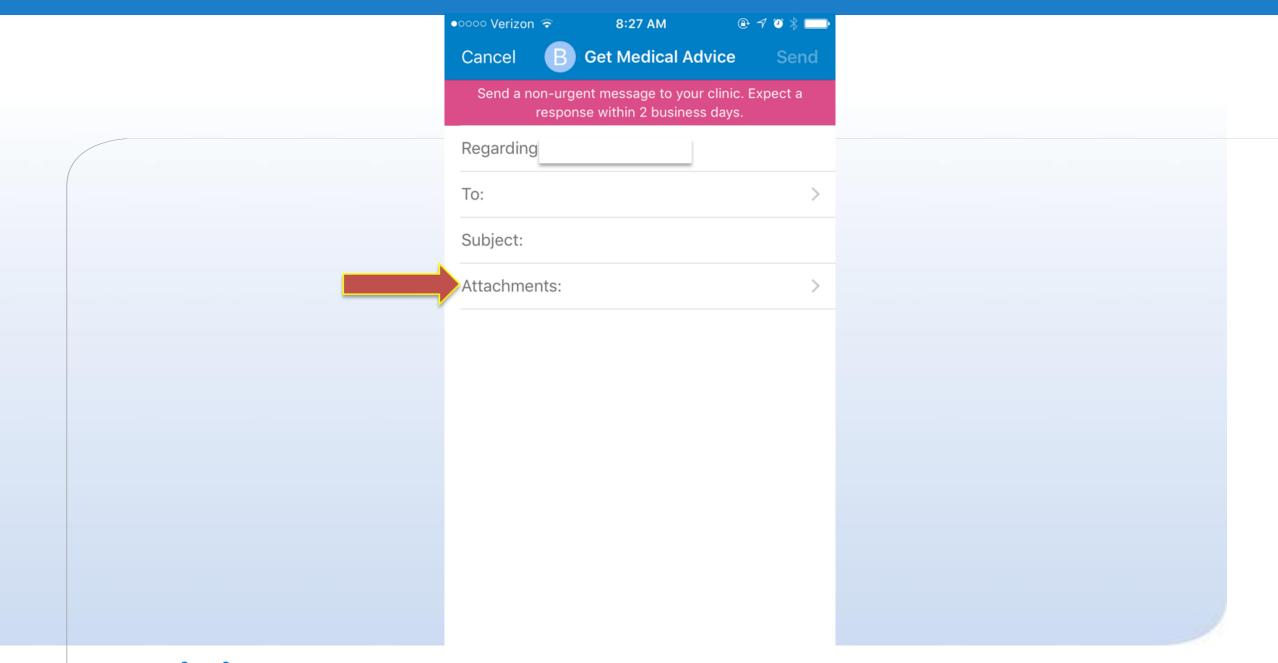


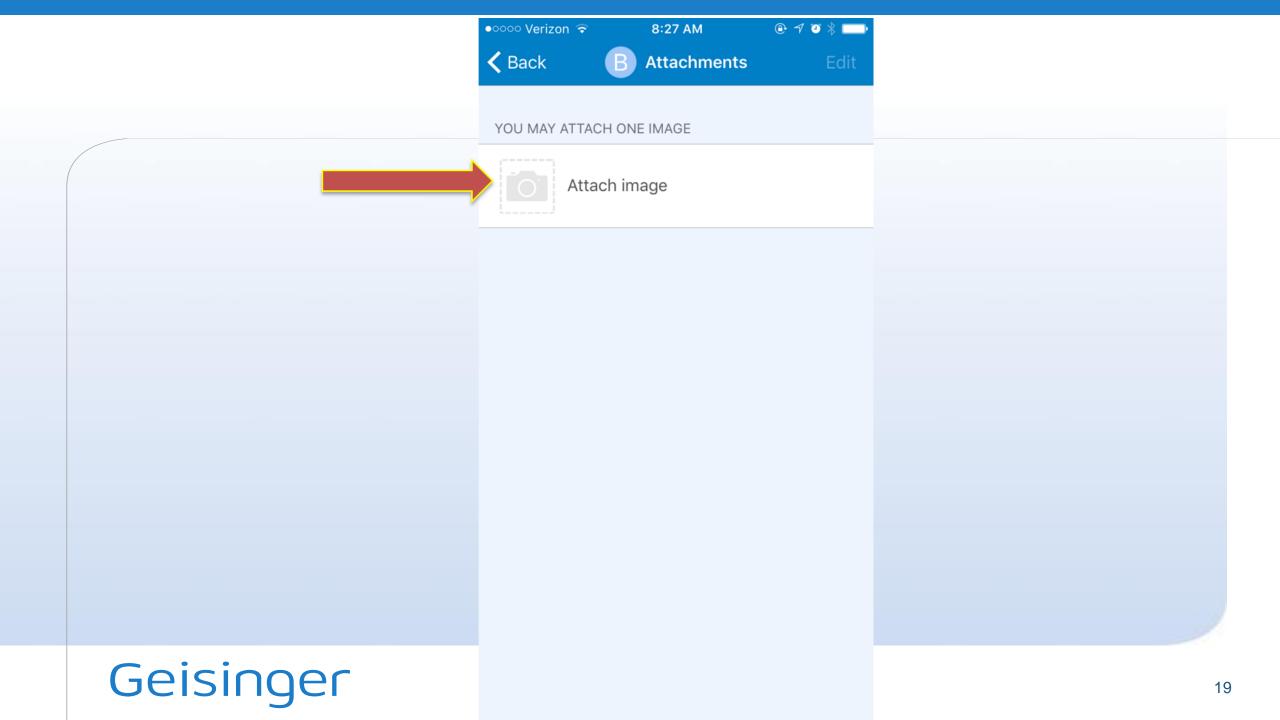


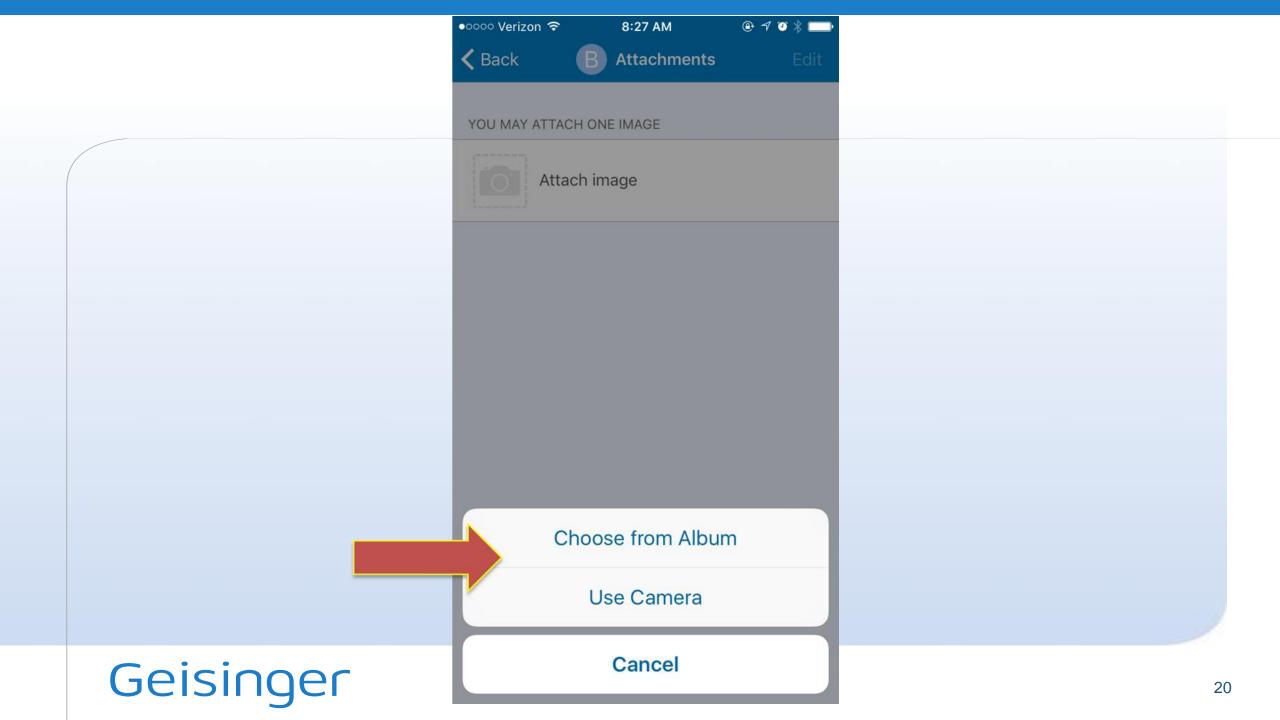
Michael A Facktor, MD RE: update	7/3/17 >
Jennifer L G RE: update	7/3/17 >
Jennifer L G RE: update	7/3/17 >
Geisinger Appointments EpiPen Recall	4/26/17 >
Geisinger Appointments EpiPen Recall	4/7/17 >
Ashley M K eyewear	2/23/17 >
Sandeep Khurana, MD Biopsy results.	2/6/17 >
Judith Bianchi Bowser, OD CLs	2/1/17 >
Darlene L Haupt, DO ?	9/1/16 >

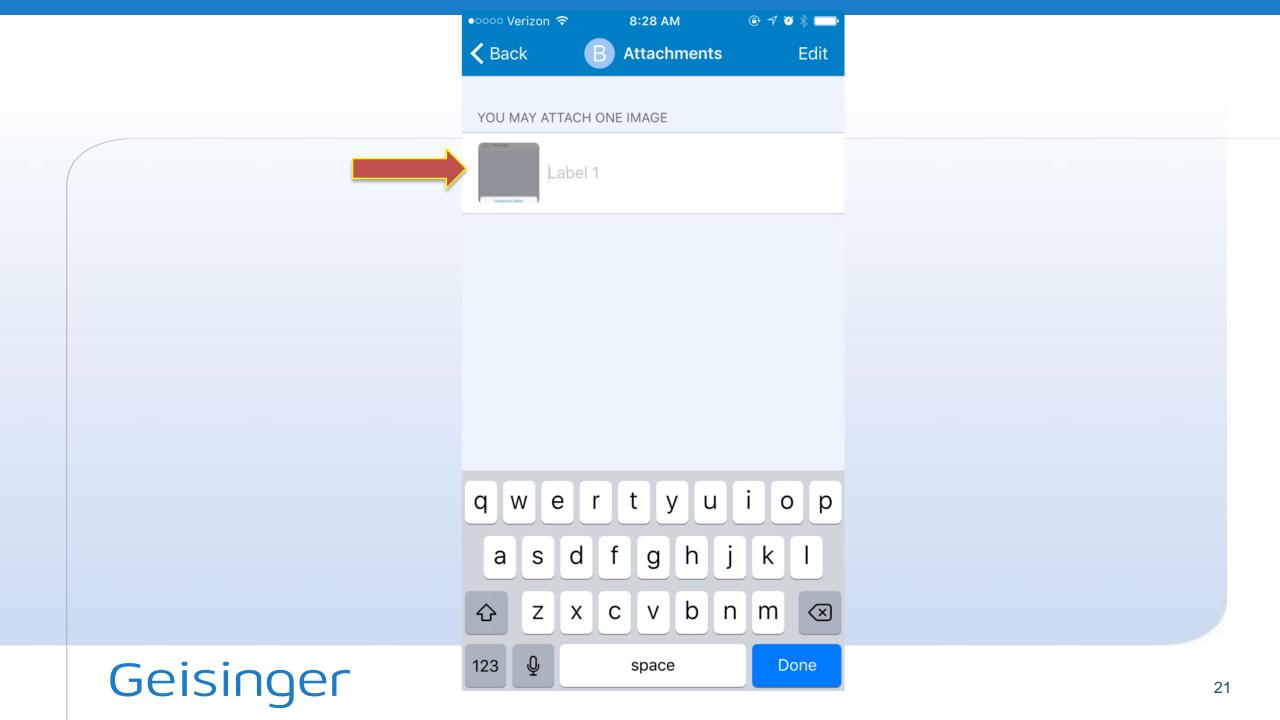


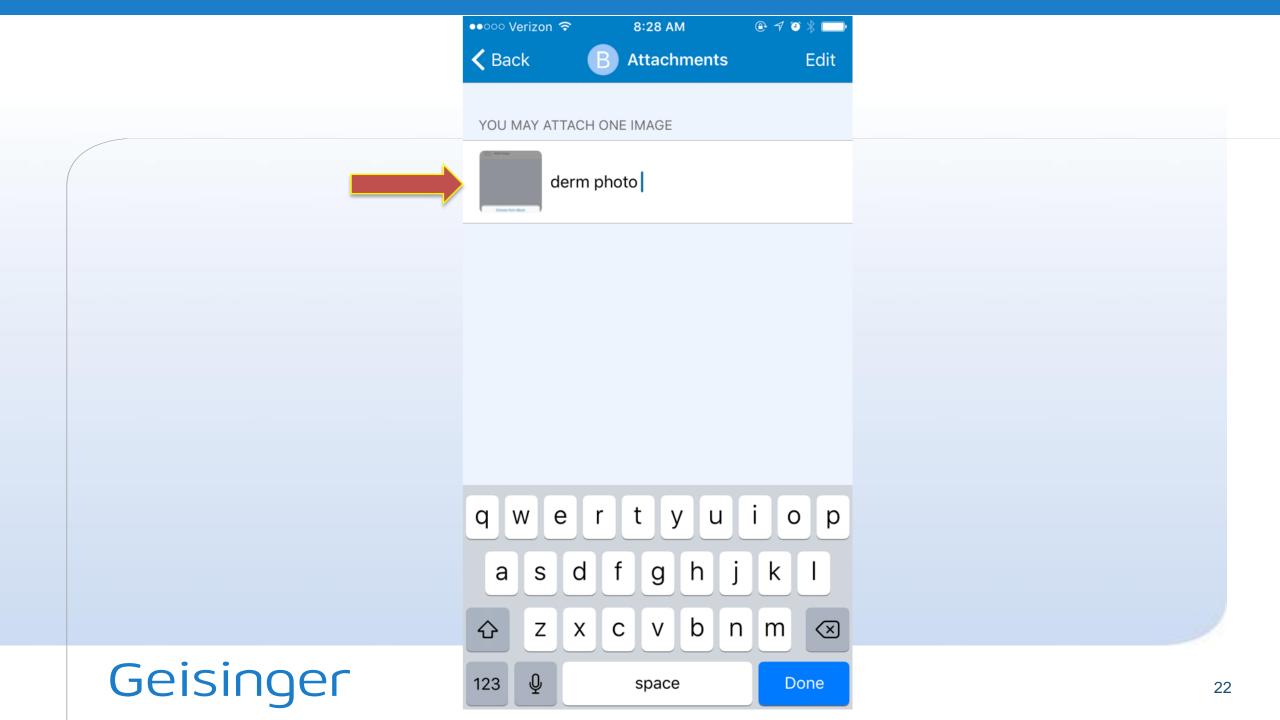


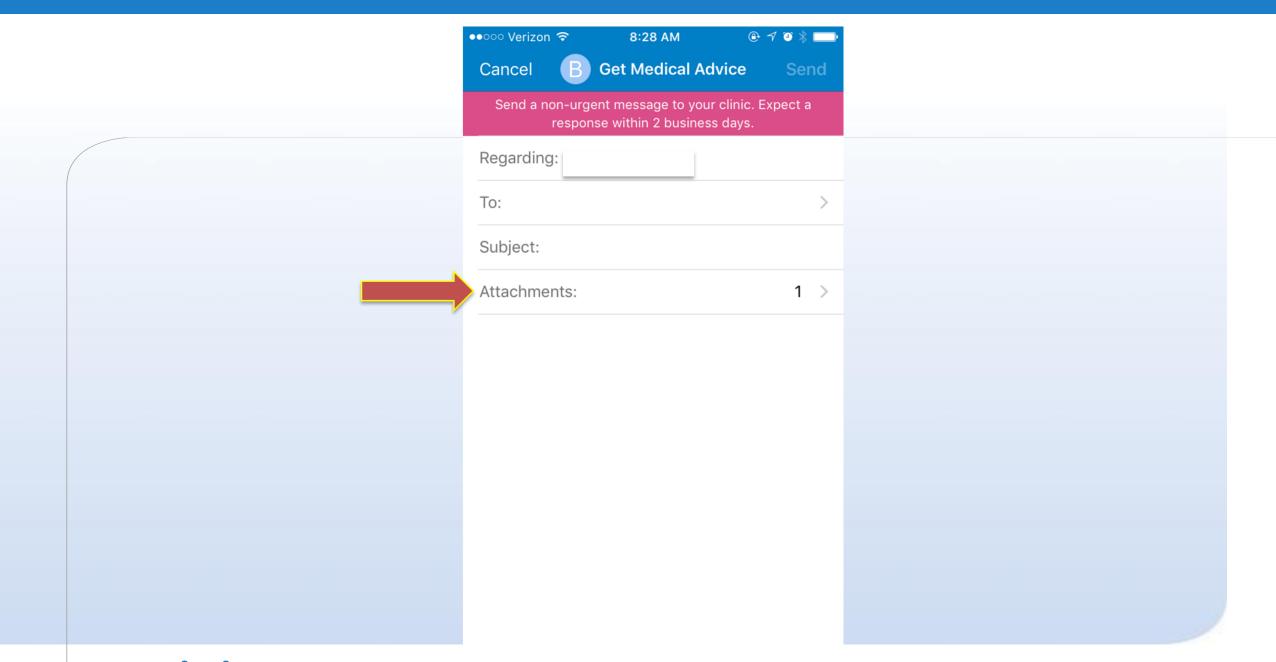


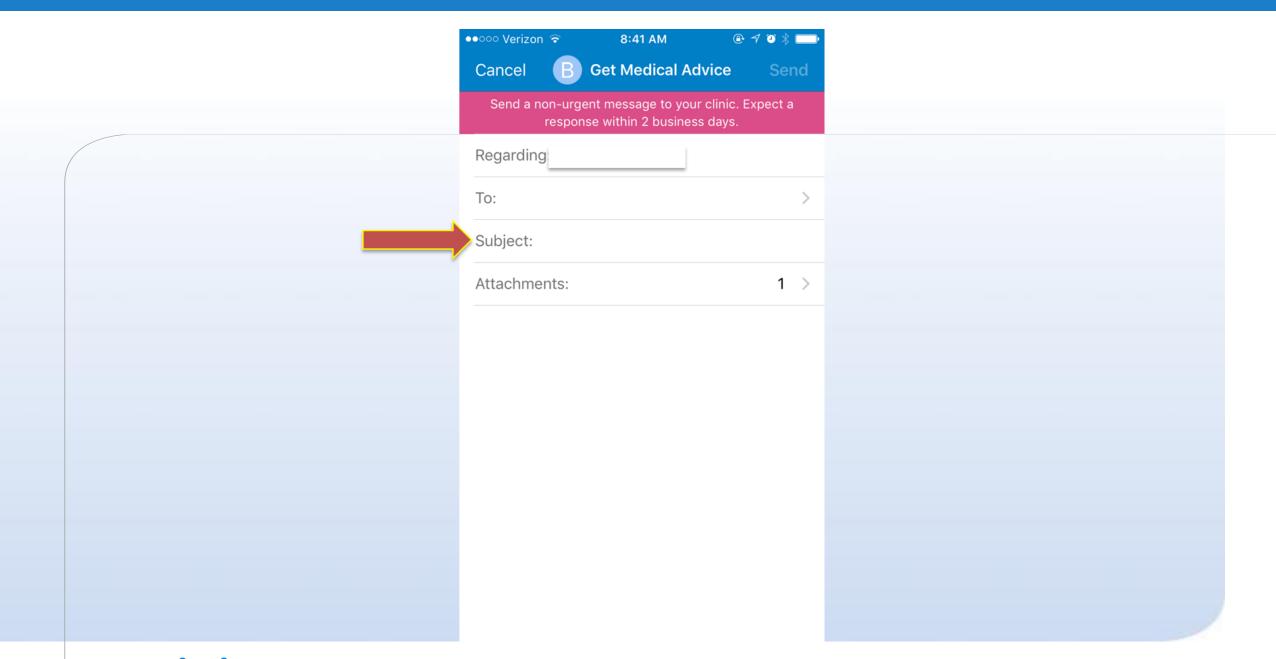


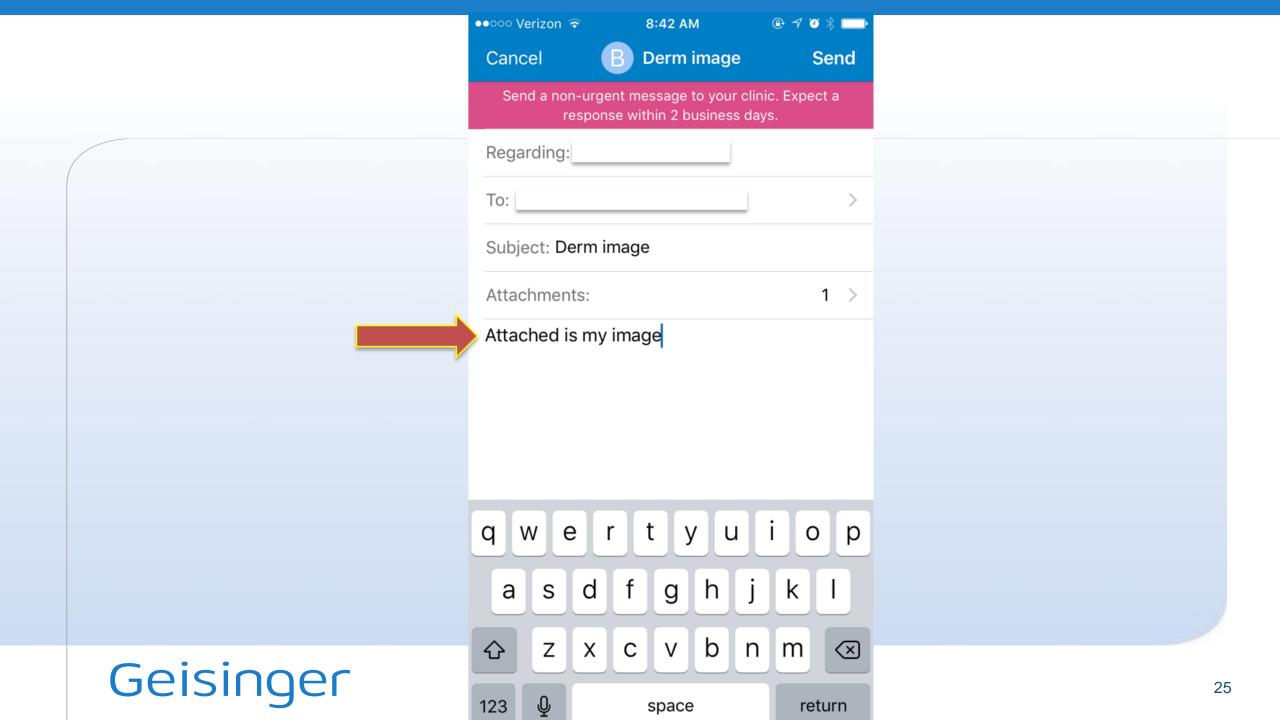












After review of your photos, your provider may still need to see you in clinic for further evaluation and treatment.