

GEISINGER HEALTH PLAN

Business Update

Quarter 2 2024



Geisinger

Geisinger and Risant Health

Risant Health has announced the completion of its acquisition of Geisinger as its first health system dedicated to increasing access to value-based care and coverage. Kurt Wrobel, president of Geisinger Health Plan, and other leadership talk about what's ahead for both companies.

Watch the video on what's ahead: geisinger.org/kurt

Learn about Risant Health: geisinger.org/risanthealth



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Quality is powered by integrated care and coverage

You may already know that Geisinger Health Plan's (GHP's) services are integrated with Geisinger, an innovative, physician-led health system based in central Pennsylvania. But did you know that working with our clinical partners lets us manage costs, develop innovative programs, improve access to care and offer a network of top-quality providers who deliver positive outcomes?

	Commercial average**	GHP average	GHP with Geisinger provider average
Colorectal cancer screening	57%	60%	63%
Breast cancer screening	74%	75%	83%
Controlling diabetes HbA1c (≤9%)*	72%	82%	83%
Controlling high blood pressure	64%	72%	73%
Timeliness for prenatal care	85%	93%	98%

*Measure inverted so that a higher rate is better performance. GHP average data is measurement year 2022 and audited using GHP HEDIS submissions.

**The commercial average is the National Quality Compass average using all lines of business, excluding PPOs/EPOs.

Value-based care: What does it mean?

With full regulatory approval complete, Risant Health, Geisinger and Kaiser Permanente can work together to advance and expand value-based care to more patients, members, employers and communities.

It places the focus on coordinating care, resulting in a smoother, more streamlined process for everyone.

First Health Network

Do your employees live outside the GHP service area and use First Health® as their primary network? They'll need to make sure their healthcare provider is in network by going to myfirsthealth.com. Before making an appointment, always confirm the office is accepting new patients and will bill First Health for your services. You can also call GHP's customer care team at 844-568-5229 to confirm a provider's participation in the First Health network.

During the first visit, employees should ask that claims be submitted electronically or to the address listed on their member ID card. The cost-sharing information on the ID card is limited due to space, so have the provider call GHP if they have questions about benefits for certain services. If your employees are referred for services such as X-rays or laboratory tests, they should make sure these service providers are in the First Health network. When in doubt, call GHP customer care with any questions.



Watch the video on value-based care: geisinger.org/valuedcare

Benefit corner

Let a health coach help you achieve your goals

Would you like to see your employees be more active, eat better or just live a healthier lifestyle? They'll have all the support they need from a health coach.

Health coaching sessions over the phone are available at no cost. This personalized service helps you set and accomplish your health goals. Sessions are flexible, with early-morning and evening hours available Monday through Friday.

What is health coaching?

This program helps you build sustainable, healthy habits. These lifestyle changes can improve conditions like high cholesterol, high blood pressure and high blood sugar. Health coaching puts a positive spin on weight management, better sleep, mindfulness and stress management.

If you have trouble getting motivated, a health coach holds you accountable. And they support you through frequent conversations as you work your way toward a healthier, happier lifestyle.

Here's what one participant said about their health coaching experience:

"When I first started the program, the coaching helped give me the tools I needed to make changes. It helped my whole family make healthier choices. I decreased my soda intake, read food labels and became more mindful of what I was eating. My A1c went down, and I was able to get off my medication. I can walk better, and I feel better in general."

Ready to get started on your health journey? Call 866-415-7138 or email wellness@geisinger.edu to schedule an appointment.





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- View and request ID cards
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To enroll, complete the [employer admin registration form](#).
Questions? Contact your account executive or call 800-554-4709.

The Business Update is published quarterly by Geisinger Health Plan and serves as an informational resource for employers. Share feedback at healthplan@geisinger.edu.

Geisinger Health Plan may refer collectively to healthcare coverage sponsors Geisinger Health Plan, Geisinger Quality Options Inc., and Geisinger Indemnity Insurance Company, unless otherwise noted. Geisinger Health Plan is part of Geisinger, an integrated healthcare delivery and coverage organization. 1538355 lew 5/24